~ SNQ CAPTAINS ~

RELAY SUPREMACY

LONG TAN POOL - 17 SEPTEMBER 2022 12PM - 4PM

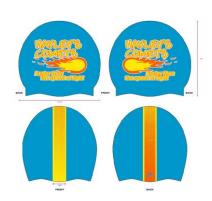
SNQ Captains <u>Hayley Andrejic and Jy Parkinson</u> would like to invite all 8 & Over Swimmers in NQ to compete in a Relay Day. All swimmers will nominate through Swim Central like a usual swim meet, they will then be allocated into a Team:



<u>OR</u>



Cost: \$20 Per Swimmer (includes a silicone team cap)





This is an interclub activity and is hosted by Gardens Swimming Club and Cannonvale Cannons SC in support of SNQ Swimming Captains Hayley and Jy.

Events on offer:

Event M1/F2	Freestyle Relay	Event 7	Mixed Freestyle Relay
Event 3	Mixed Medley Relay	Event 8	Novelty Relay 2 – Need for Speed (Fins)
Event 4	Novelty Relay 1 – Fully Clothed (T-Shirt)	Event M9/F10	All Age Relay
Event M5/F6	Medley Relay	Event 11	Novelty Relay 3 – Stay Afloat (Pool Floats)

NOMINATIONS NOW OPEN THROUGH SWIM CENTRAL AND WILL CLOSE MIDNIGHT 24 JULY 2022

Nominate in any event you would like to be part of. Each swimmer will be allocated to a Team and will swim for pride with their fellow teammates. Come and join a day of fun, team spirit and comradery. We will be loud, war cries will be bellowing and smiles will be everywhere. This is an opportunity not to be missed. Swim in a team with your fellow SNQ Teammates and make new friends across the region. Novelty prizes will be awarded and if we are lucky there may even be a trophy for the winning team up for grabs and of course bragging rights!!

This is a first for our Region so please come on board, nominate early to secure your place on the team and become part of history!!

Can't wait to see you all on SEPTEMBER 17!!



Thank you to our Sponsor



We will also have polo shirts customised with each swimmer's name on the back of the shirt (under their team name) on offer for purchase.

These will be on a pre-order basis and will require a minimum of 25 to be ordered to be able to offer at the cost of \$\frac{\$39 \text{ each}}{25 \text{ each}}\$.

Please email the following address if you are interested in placing an order by 10 July 2022:

gardens_events@hotmail.com



All queries to:

Michelle Andrejic – 0428 186 500 gardens_events@hotmail.com