



### **GARDENS SWIMMING CLUB**

# CLUB NIGHT 1 14<sup>TH</sup> JULY 2023

EVENT#	DISTANCE (SC)	STROKE
1	50M	FLY
2	25M	BACK
3	100M	FREE
4	50M	BREAST
5	25M	FLY
6	100M	BACK
7	25M	FREE
8	100M	IM
9	50M	BACK
10	100M	BREAST
11	25M	BREAST
12	50M	FREE
25M EVEN	ITS ARE FOR 11 YEARS AND BE	ELOW ONLY.

MAXIMUM 4 EVENTS PER SWIMMER

Swimmers must be members of the Gardens Swimming Club to be eligible for awards.

Swimmers may attend a maximum of two club nights as a nonmember.

## ALL WELCOME!!

MAXIMUM 4 EVENTS PER SWIMMER

GARDENS MEMBERS PLEASE NOMINATE VIA <u>SWIM CENTRAL</u>

NEW SWIMMERS CAN NOMINATE VIA EMAIL TO: <u>GARDENS\_NOMS@LIVE.</u> <u>COM.AU</u>

TIME: 6PM FOR A 6.30PM START

DINNER: BBQ & DRINKS FOR <u>PURCH</u>ASE

## **TROPHY EVENTS**

CATH SHORT TROPHY Women's Open 100m Back

PHILLIPS CORDIALS TROPHY

Boys 10 & under 50m backstroke

#### HENDY SPRINT CHAMPION

Men's 11 years & over 50m backstroke