



2023 GARDENS OPEN LC PREPARATION MEET

GARDENS SWIMMING CLUB

Saturday 4th & Sunday 5th November 2023

Long Tan Memorial Pool, 316 Fulham Road, Heatley Q 4814

| DAY 1 - SATURDAY 4 th NOVEMBER 2023 | | | | | |
|--|----|------|----------|-----------------|------------|
| GATES OPEN 10.30AM - WARM UP 10.45-11.45AM | | | | | |
| RACING COMMENCES 12 NOON | | | | | |
| M | F | AGE | DISTANCE | STROKE | QT |
| 1 | 2 | 11&O | 800 | Free | SNQ LC AGE |
| 3 | 4 | 8-10 | 50 | Fly | |
| 5 | 6 | 11&O | 200 | Back | SNQ LC AGE |
| 7 | 8 | 11&O | 50 | Free | |
| 9 | 10 | 9-10 | 100 | Fly | |
| 11 | 12 | 11&O | 100 | Fly | |
| 13 | 14 | 11&O | 200 | Breast | SNQ LC AGE |
| 15 | 16 | 8-10 | 50 | Back | |
| 17 | 18 | 11&O | 400 | Free | SNQ LC AGE |
| 19 | 20 | 11&O | 50 | Breast | |
| 21 | 22 | 9-10 | 100 | Back | |
| 23 | 24 | 11&O | 100 | Back | |
| 25 | 26 | 9-10 | 200 | IM | |
| 27 | 28 | 11&O | 200 | Fly | SNQ LC AGE |
| 29 | 30 | 8-11 | 200 | Freestyle Relay | |
| 31 | 32 | 11&O | 200 | Freestyle Relay | |
| 33 (Mixed) | | 8-12 | 200 | Medley Relay | |
| 34 (Mixed) | | 11&O | 200 | Medley Relay | |

| DAY 2 - SUNDAY 5 th NOVEMBER 2023 | | | | | |
|--|----|------|----------|--------|------------|
| GATES OPEN 7AM - WARM UP 7.15-8.15AM | | | | | |
| RACING COMMENCES 8.30AM | | | | | |
| M | F | AGE | DISTANCE | STROKE | QT |
| 35 | 36 | 11&O | 1500 | Free | SNQ LC AGE |
| 37 | 38 | 8-10 | 50 | Free | |
| 39 | 40 | 11&O | 200 | IM | SNQ LC AGE |
| 41 | 42 | 11&O | 50 | Back | |
| 43 | 44 | 9-10 | 100 | Free | |
| 45 | 46 | 11&O | 100 | Free | |
| 47 | 48 | 11&O | 400 | IM | SNQ LC AGE |
| 49 | 50 | 8-10 | 50 | Breast | |
| 51 | 52 | 11&O | 50 | Fly | |
| 53 | 54 | 9-10 | 100 | Breast | |
| 55 | 56 | 11&O | 100 | Breast | |
| 57 | 58 | 10&O | 200 | Free | SNQ LC AGE |

MIXED RELAY CONDITIONS

- ONE TEAM PER CLUB (FOR EACH MIXED RELAY EVENT) – 2 MALES + 2 FEMALES
- AWARDS – GARDENS OPEN PERPETUAL SHIELD + MEDALS



CONDITIONS OF ENTRY

- Competition is conducted under the laws of Swimming Australia Ltd and with the permission of Swimming Queensland.
- Competitors must be a current financial registered member of a club affiliated with Swimming Queensland as at the closing date of meet entries. Swimmers must be registered as 'COMPETITOR'
- Age of competitors is calculated at the first day of the meet.
- Swimming up is not permitted in Individual events.
- Referee has the power to control events at his/her discretion.
- Competitors will marshal using the 'Self Marshalling' Protocols.
- EVENTS**
All events will be Timed Finals.
- ATHLETES WITH IMPAIRMENT**
No specific Multi Class events however, athletes with an impairment may enter in any event specific to their age and are required to present their classification card to the referee prior to start of the meet.
- RULE TOLERANCE**
No Rule Tolerance.
- QUALIFYING TIMES**
Qualifying times apply (SNQ A Grade LC Times as per age) as noted with the list of events.
- AWARDS**
Medals will be awarded as follows:
ALL 8-10 year-old Events – 1st, 2nd and 3rd in the following age groups - 8, 9 and 10 years old.
50m Events - 1st, 2nd and 3rd for timed finals in the following age groups - 11,12,13,14 and 15 & Over.
100m Events - 1st, 2nd and 3rd for timed finals in the following age groups - 11, 12, 13, 14, 15 & Over.
200m Free - 1st, 2nd and 3rd for timed finals in the following age groups - 10, 11, 12, 13, 14, 15 & Over.
200m Medley - 1st, 2nd and 3rd for timed finals in the following age groups - 11, 12, 13, 14, 15 & Over.
200m Back, Breast & Butterfly - 1st, 2nd and 3rd overall.
400m, 800m and 1500m Events - 1st, 2nd and 3rd overall.
Mixed 200m Medley Relays - 1st, 2nd and 3rd overall + Gardens Open Perpetual Shield awarded
200m Freestyle Relays - 1st, 2nd and 3rd overall
- ENTRY PROCEDURE**
Online Entries Only. Club Night and Custom Times are NOT accepted. Online Entry link is available at [Swim Central](#) for individual events. Relay entries to be completed by Club Race Secretaries only via Swim Central – Instruction email will be forwarded to each club.
- ENTRY TIMES**
All entries MUST have an entry time, NT (No Time) is NOT accepted.
- LATE ENTRIES**
Late Entries will be accepted up to thirty (30) minutes prior to the commencement of competition each day, subject to lane availability. A late fee will apply.
- ENTRY FEES**
ENTRY FEES are
\$6.00 per individual entry including SNQ .50c surcharge.
 Relays are \$20.00 per team entry.
 LATE FEE \$30.00.
 Club relay entry fees are payable by the first day of the meet to:
 Gardens Swimming Club
 BSB: 034 668
 Account Number: 228545 or via Swim Central at time of entry
- CLOSING DATE**
Individual ENTRIES CLOSE ON **26/10/2023** at midnight.
Relay ENTRIES CLOSE ON **28/10/2023** at midnight.
- CONTACT DETAILS**
All enquiries contact Tina Roberts via email: gardens_noms@live.com.au or phone: 0417 719 563.
- ADMISSION**
Admission at the meet will be **\$5.00**. Admission charged online per swimmer.
- PROGRAMS**
Programs will be emailed to clubs for distribution to attending swimmers and coaches.
- MEET MOBILE**
Meet Mobile Name – 2023 Gardens Open LC Preparation Meet